



THE USAFE-AFAFRICA (U-A)

# AIRMAN WARRIOR



## GOAL

Airmen that portray strong warrior qualities - grounded in their core values and connected to the mission

## FACILITATOR'S NOTES

### HOW TO PREPARE

1. Watch *Someone 2 Know: Heather Penney*: <https://www.youtube.com/watch?v=-HU-ZK3gEgo&t=27s&spfreload=10>

--This Airman put her oath into action and exemplified the warrior spirit by putting her life on the line. Consider playing this video to help you facilitate a discussion on mission connectedness and heritage.

2. Consider your personal connection to your flight/squadron mission and share your perspective with your team.

- The U-A mission is to forward project power across air, space and cyber domains, defend US interests, demonstrate warfighting readiness, and forge strong partnerships in support of US European Command and US Africa Command campaign objectives.

*"You'll find, with proper training, that you can possess the power to overcome any obstacle and change your outcomes if you train yourself mentally. This is the point in which you will truly bring out the 'Warrior Mindset' within yourself." - Keith Sippman, Warrior Mindset: Train Your Brain*

## THE EXTRA MILE

### ADDITIONAL RESOURCES

- Watch Captain Marvel with your team, and talk about the warrior characteristics that Carol Danvers (aka Captain Marvel) personifies
- Share the article "Higher, further, faster: 'Captain Marvel' embodies the warrior ethos" and add your thoughts! <https://www.af.mil/News/Article-Display/Article/1780631/higher-further-faster-captain-marvel-embodies-the-warrior-ethos/>

## MISSION PLAN

### HOW TO EXECUTE

#### FRAMING THE CONVERSATION

"Warrior ethos is the embodiment of the warrior spirit: tough mindedness, tireless motivation, an unceasing vigilance, a willingness to sacrifice one's life for the country, if necessary..." Take time to do a mirror check today and think about how your warrior mindset guides you and your team.

The warrior mindset distinguishes us from the average citizen and is the heart of our Profession of Arms. We practice this mindset daily, on and off duty, by living out the core values and virtues of our military service. We enhance this mindset through specialized skills & training at home station so that we can put them to use when called upon.

Wearing a uniform is not essential to adopting a warrior mindset. All USAFE-AFAFRICA Warriors, including civilians, contractors and local nationals are critical to our success and war-fighting capability.

### SUGGESTED DISCUSSION POINTS

1. What characteristics of the warrior mindset do you see in yourself and your teammates?
2. Name a person, real or fictional, that exemplifies the warrior mindset and share with your team what traits made you think of him/her.
3. Even warriors experience failure. What is the hardest part of maintaining a warrior mindset?
4. Do you feel pride in your job and connected to the mission? Discuss how this could contribute to a sense of purpose in your life and strengthen your warrior mindset.

## MISSION CHALLENGE

### HOW TO APPLY THE LESSON

Challenge Airmen to write down what they value and what they want their contribution to the mission to be. Have them post it in their office or common area so that they are reminded daily as well as others can walk by, read, and discuss.

<sup>1</sup> <https://havokjournal.com/culture/warrior-mindset-train-your-brain/>

<sup>2</sup> Air Force Instruction 36-2014, Commissioning Education Program (2012), Attachment 1 Glossary

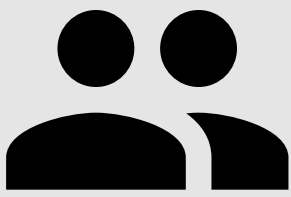
<sup>3</sup> Col Rob Lyman, The Warrior Ethos...defining our Profession of Arms (2016), <https://www.jbcharleston.jb.mil/News/Commentaries/Display/Article/882851/the-warrior-ethosdefining-our-profession-of-arms/>

**USAFE-AFAFRICA GRIT**  
CORE VALUES • PROFESSIONALISM • WARRIOR ETHOS

This Check 6 is a guide to allow you to have a discussion with your employees on the values and culture that represent the Air Force. This 15-30 minute discussion replaces traditional formalized training and CBTs to allow you to frame the concepts in the way that best meets the needs of your Airmen.

# SIMPLE ROLES OF A GRIT CONVERSATIONALIST

Make your discussion a priority



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## PARTNER

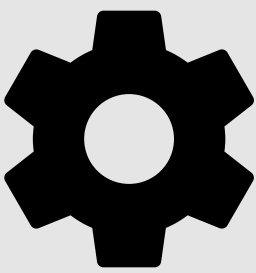
- Create an effective relationship with your team members
- Customize the Check 6 materials as needed to meet your team's needs



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## PLANNER

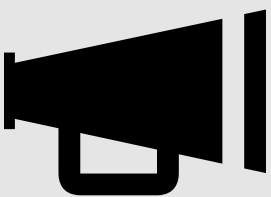
- Select the method and process in which you will initiate the Check 6 discussion
- Prepare time and space to ensure it will encourage dialogue and interaction



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## ENABLER

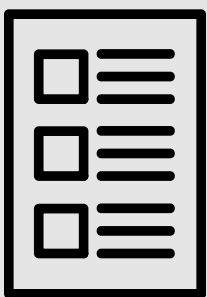
- Create and sustain an interactive and participatory environment
- Honor and recognize diversity ensuring inclusiveness



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## MOTIVATOR

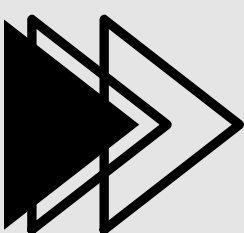
- Trust in your group's potential
- Model neutrality
- Acknowledge input, thoughts, and ideas



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## DIRECTOR

- Manage the time
- Keep the group focused
- Manage group conflict



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## GUIDE

- Guide the group with clear models and examples
- Facilitate group awareness of the topic
- Guide the group to consensus and desired goal

